



ZEEKOEVLEI PENINSULA SRA "ZVPSRA" NEWSLETTER JULY 2020



Sunset sailing Photo: Gail Bristow

Zeekoevlei Peninsula SRA (ZVPSRA) Directors and Committee members

Directors: Andy Plew-Chisholm, Stew Penney, John Day and Jenny Day.
Chair: Jenny Day
Graeme Cann (security portfolio)
Dalton Gibbs (environment)
Helen Higson (maintenance and cleanliness)
Susanne Karcher (liaison portfolio)
Helen Lockhart (communications portfolio, Newsletter Editor)
Lee Watson (minutes)

From the Chair (Jenny Day)

Dear Vleibours,

It's amazing how quickly time goes by, even under our peculiar circumstances. It seems no time ago that the last Newsletter came out, and yet here is another.

Helen Lockhart, our Newsletter Editor, has also been busy with things other than the newsletter. You will soon notice some new road signs imploring motorists to drive SLOWLY and carefully. Despite the difficulties engendered by lockdown, Helen and other members of the SRA committee have been able to get the signs designed and constructed, and have now found someone to erect them. So watch not this space, but our roads for some more "street furniture".

With regard to the perennial problem of speeding along Peninsula Road, the SRA can't do anything but try to persuade people to be responsibly and drive slowly. Unfortunately we all know that there are some antisocial people who don't care about the safety of other people and – in our case – other animals unless they are forced to slow down either by The Law or by speedbumps. We have occasionally seen The Law, in the form of local policemen, on our road but given the small number of local cops, this is an unusual event. We, mostly in the form of our other Helen, Helen Higson, have also been in touch with our local councillor, Gerry Gordon. She is sympathetic to our cause and agrees in principle that we should have more speed bumps, but her budget is minute and she covers areas in need of far more basic services than speed bumps. All this is to say that your committee is aware of the speeding problem, and is trying to do something about it, but it is basically up to all of us to obey the speed and stop signs, and to talk nicely to our visitors about chilling when visiting.

Thanks to the vigilance of the ProSec guards, and to Graeme Cann, who holds our Security portfolio, we have had very few security breaches since lockdown, although we are always being warned about the fact that there are more and more desperate people out there with no jobs and no way to feed their families other than by nefarious means. Your committee is grateful to residents who are assisting in various feeding schemes. There was a fear that during drawdown there would be opportunities for vagrants to come onto the peninsula along the dry shoreline but now that the rains have *really* come, the vleis are full and that means of access is no longer available. We have also been getting visits recently from the same blue Golf that has been up to no good at the very end of Island Road. If you are at all concerned about the occupants, please call Graeme on 082-338-2839, who can request ProSec to move them along. He can also be contacted by e-mail at graeme@betsport.co.za

Thinking of drawdown, I think that from the point of view of vlei management, it would be great to have a second short drawdown now that the vleis are full. A second drawdown would allow more flushing of the yuck from the bottom, as well as the nutrient-rich water coming from the inflowing rivers. Let's see if that is possible.



Weir overflows after good rains Photo: Helen Lockhart

As always, I'd like to thank your committee for their commitment to our community. In particular, Andy Chisholm keeps a careful eye on the finances and steers me through the pitfalls of compliance with the City's very rigorous requirements. I truly don't know what we (especially me) would do without Andy's wise hand on the wheel. Helen Higson has the tricky portfolio of cleansing and maintenance of our surroundings. Since lockdown she has been quieter than usual because there has been little opportunity for City workers to keep the place in shape, but Helen still keeps an eagle eye on things.

Arrears on rates payments

While most of us are pretty good about paying our Rates bill to the City every month, a few residents are not paying. Some of these residents have made arrangements with the City for extended payment, but others have not. This lack of payment threatens the very existence of our SRA/CID because all of our funding comes from the SRA levy we pay on our rates each month. If at any stage we are unable to meet commitments (very largely payment for ProSec's security services), the SRA will have to close. We have been reminded by the City that if this happens, all levies collected, including funds in the bank, revert to the City and are given to the nearest functioning SRA - there is no refund to those residents who have paid.

I hope you enjoy the attached article on the plants of Zeekoevlei and Rondevlei. In particular, please have a look at the information on the unfortunately-named *Wandering Jew*, which is becoming a major problem along the banks of Zeekoevlei. Fortunately it is easy to remove, so if it is growing on your property, please try to get rid of it.

Keep well and safe, and enjoy our beautiful vlei.

Jenny Day
Chair, Zeekoevlei SRA
jenny.day@uct.ac.za

Mask up please!

It is legally required to wear a clean cloth mask while out in public.

Ilse Menck is selling hemp masks @R70 each (3 ply) in small, medium and large (sage, brown, charcoal, black, grey and pink). If you purchase ten or more masks the price drops to R60 per mask. She also has navy cotton masks, also 3 ply in the same size range @R35. For every mask sold she will donate one to go with Rochelle Pascucci to the Vrygrond CAN feeding scheme.

Please contact Ilse Menck on cell 072-115-9205 or email ilsemenck@telkomsa.net if you would like to purchase masks or make a donation for the making of masks for the community.

Weir walk times

ProSec guards are on patrol at the weir every day between 16h00 and 17h00. Look out for the sign on boom to the weir road to indicate their presence. If there is no guard on duty during these times please let Graeme know immediately on 082-338-2839.

Security

If you have any concerns about security and ProSec, please contact Graeme Cann on 082-338-2839. He can also be contacted by e-mail at graeme@betsport.co.za



SRA car stickers

We encourage all SRA residents to ensure they have the yellow “hippo” security sticker attached to the right-hand bottom side of their windscreens. If you need a sticker please contact Stew Penney on e-mail penns@iafrica.com and include your street address. Stew will drop off a sticker in your postbox for you.

Cleanliness and Maintenance, Traffic Control (Helen Higson)

Green bins - The green bins along Peninsula Road are well used by visitors, residents and dumpsters! And Helen duly follows up with the City when the bins need to be emptied. You can also request this service by doing the following:

1. Log on to https://eservices1.capetown.gov.za/coct/wapl/zsreq_app/index.html
2. Choose Create service request
3. Then from the drop down menu next to Group select Litter bins (Public)
4. From the drop down menu next to Service select Litter bins not being serviced/emptied
5. Complete Describe your requested service, issue or complaint
6. Fill in the details about street number, street name and suburb and choose the location on the map
7. Submit

Speed limit - Please remember that the speed limit on Peninsula Road is **40km** per hour.

Water meters clear - Please make sure that your water meters are clear from vegetation and easily accessible for the meter readers when they come round.

Should anyone notice anything that should be attended to by the City please log an issue with them on the web site https://eservices1.capetown.gov.za/coct/wapl/zsreq_app/index.html

Where are Berni, Gibbs, Mike, Little P and Uniqua? An update on The Gantouw Project – Petro Botha



“Our eland” at Elandsberg. All eland images supplied by Petro Botha



Eland Mike in a cheeky pose

It's just over five months since the eland were temporarily relocated from Rondevlei to Elandsberg Nature Reserve. The eland settled in quickly at Elandsberg except for eland Berni. Berni was not so sure about farm life initially, but in time managed to settle down with her new farm animal neighbours. Eland monitors stayed on the farm with the eland at first, keeping to the daily routine and providing the eland with supplement feed. When lock-down was introduced at the end of March, the eland monitors moved back home and for the first time in nearly 5 years, the elands' daily routine changed. No longer were they accompanied by an eland monitor during the day, nor were they contained in a boma at night. Since then the eland have had limited human contact with only the farm manager and his dedicated team caring for them. In May the Gantouw team started with weekly visits to the eland to prepare them for their next move.



Berni in trailer training

The team is very excited about the new site that will not only be a new home for the eland, but will also offer an opportunity to continue research on eland as a practical veld management tool, this time for Renosterveld. The new location owners are fencing ten hectares of game camp for the eland while the Gantouw team is putting up a boma, sponsored by the Gantouw Project's Sponsor. Moving the eland is expected to take place during the last week of July 2020, awaiting completion of the game camp and boma.



We look forward to sharing the beautiful new location with you shortly.

Thank you for your ongoing support and interest in the project.



Eland Gibbs

Local is lekker!

There has never been a more important or better time than now to support local businesses. In the best of times we should always try and support our local businesses, but with the economic havoc of Covid-19 and the lockdown, many of these businesses are struggling and livelihoods are at stake.

We have quite a number of small hyper-local businesses based right here in Zeekoevlei – these are just some of the ones I know of off-hand, but if you offer any services which the community can make use of, be it plumbing, electrical, DIY, computer support, etc. please let me know on helen.lockhart@aquarium.co.za.

RH Physiotherapists – call 083-786-9531 or email rehanahendricks@gmail.co.za for an appointment

Menck Clothing – www.menck.co.za or call Ilse Menck on cell 072-115-9205

Go to Print – www.gotoprint.co.za

Shay Designs (graphic designer) – call Shay on 082-624-5912

Rochelle's Kitchen - Home-cooked meals and organic vegetable boxes, sourced from Philippi farmers. Tel: 072 348 7223 or Email: rochellepascucci@gmail.com

Winter warmer dog jackets in aid of Weimaraner Rescue – Michelle Barnett – call 082-464-4929

Wagtail Studio – ceramics and hand-crafted pottery - Wendy Holliday wendyholliday62@gmail.com and Dagny Warmerdam - dagnywarmerdam@gmail.com

Friends of Zeekoevlei and Rondevlei (FoZR)

Cleanup of the Big and Little Lotus River Canals

Championed by FoZR Committee members Sidney Jacobs and Tom Schwerdtfeger a massive cleanup of the Big and Little Lotus River Canals commenced at on 15 June 2020. The City of Cape Town brought in trucks and a long arm excavator to start removing all the rubbish which had built up against the restraining fences at the outlets of the canals into Zeekoevlei. The fences could barely take the strain of all the litter which included smaller items such as chip packets, and plastic bags, and then larger items such as tyres.



Upon seeing the enormous amount of rubbish being removed Sidney contacted Abdulla Parker, Manager: Stormwater & Sustainability - City of Cape Town who sent teams with equipment onsite to clean the Big and Little Lotus River Canals.

Some early stats:

11 City workers and 8 sponsored workers onsite

7 days of sponsored work (with thanks to sponsors below)

155+ bags of litter and still counting

5+ mattresses

3 bed bases

14+ tyres (Dalton says that on average 20 tonnes of car tyres are removed from the Big and Little River Canals per year!)

30+ back cases of old TVs



And then another three trucks and digger loaders arrived onsite to get the restraining fences dug in and secured so that Zeekoevlei is safe from the invading rubbish!

A huge thank you to Mr Abdulla Parker for his remarkable efforts in helping us organise the cleanup as well as his hardworking team.



Superheroes! These independent workers were paid thanks to the donations from organisations and individuals

And huge thanks to the following for the sponsorship which allowed us to pay the workers and provide them with the necessary resources: CTEET and the Table Mountain Fund, Zeekoevlei SRA, Zeekoevlei Yacht Club members, Tommy Brumme, Susanne Karcher and Hans, and Simon Cranswick. Thank you to Ilse Menck for providing the workers with hot soup.

And thank all our Partners for their invaluable contributions:

Susanne Karcher for the vision and introduction to the Pristine Earth Collective and The Litter Boom Project

Asieff Khan and his team from False Bay Nature Reserve
Protected Areas Advisory Committee (PAAC)

Litterbooms arrive in Zeekoevlei

On 16 June 2020 the litterboom pipes arrived in Zeekoevlei. The litterbooms have been installed just upstream from the litter fences, and will catch the floating litter, and stop the clogging up of the litter fences. When there is so much plastic and rubbish pressed up against the fences, forming a wall, the fences collapse, and the litter streams into the vlei. Unfortunately the heavy rains and subsequent surge of water down the canals played havoc with the litterbooms and quite a bit of litter managed to get over the booms, over the fences and into the vlei. Fortunately FoZR organised a boat-based cleanup on Mandela Day, 18 July 2020, and the teams managed to remove some of the nasty stuff!



FoZR membership

Here are the banking details if anyone is keen to sign up as a FoZR member:

Friends of Zeekoevlei and Rondevlei
NEDBANK Account Number: 204 6663 500
Branch Code: 198765
Savings account

Please use your full name, surname and address as reference.
Membership fees are unchanged at R75 per family and R50 for individual membership.
Contact us on fozrmarketing@gmail.com for Business membership.



Curbcycle

Help to reduce the amount of waste going to our already full-to-capacity landfills by recycling!

Curbcycle will be collecting in Zeekoevlei on Thursdays. It costs just R115 per month for one collection per week.

Sign up here: curbcyclecpt@gmail.com
Or Whatsapp: 066-162-6824

Please email them for more info.

Meanwhile here are a few details to note:

All that is requested from you is that you put your recycling into bags (clear or black) and place it outside your house on the curb side and we will collect from there.

- Please flatten all boxes - these can be placed underneath your bag of recycling
- Rinse all contaminated containers such as milk cartons, food containers etc. Clean recycling makes the world of difference.
- NO food items, nappies, earbuds or general waste in the bags - this causes domestic animals to break open the bags and it can't be recycled.

We take the following recycling:

- Plastics (all codes)
- Cardboard K4
- Tetrapak - juice boxes, long life milk etc
- Clean polystyrene - please rinse food trays
- Clean food tins - please rinse food tins
- Cans - Aluminium cans, cold drink cans, beer cans etc.
- Aerosol cans
- White paper - used printing paper etc
- Glass (please put either into a box or a separate bag)
- NO LOOSE RECYCLING WILL BE COLLECTED

City waste drop-off facilities

The City of Cape Town encourages residents to drop off their waste items, such as clean recyclables and garden refuse, at its open drop off-facilities. SCHAAPKRAAL (Old Schaapkraal Road) accepts garage waste, clean building rubble, clean garden waste and recyclables. WYNBERG (Rosmead Avenue) accepts garage waste, clean building rubble, clean garden waste (from residents only) and recyclables. It is anticipated that RETREAT will be operational by 1 August 2020. To reduce the spread of the Corona virus, a strict 'no mask, no entry rule' is being applied at all City facilities. All visitors to its disposal facilities will be subjected to screening.



Van Blommestein Park

Many residents have come to know and love Van Blommestein Park over the years. This little gem is a well-used and well-loved green space in our neighbourhood. For many residents it has become a safe space and a sanctuary and, excitingly, has been “rediscovered” during the Covid-19 lockdown.

According to ex-resident Ann Slate the park was named in honour of Ferdie Van Blommestein, a Cape Town lawyer, who was the Chairperson of the Civic Association for some years. Apparently he and his wife Kay lived in Skipper's End and were well known for their passion for trees.

In the early 2000s various residents, including the late Don Ainslie, worked in the park together with members of Friends of Zeekoevlei and Rondevlei (FoZR). Fast forward to 2012 when the late Father John Oliver took the park under his wing, and together with Chancy Biziweck and Peter Mitchell, spent many hours working in the park. Together they cleared aliens and reeds, created pathways, and added logs for people to sit on. FoZR members continued to get stuck in from time to time and helped with planting indigenous plants.

Father John also managed to get the park included as an Associate member of the International Quiet Garden Movement. “This is a network of places around the world that provide therapeutic landscapes where people can receive the spiritual nourishment their soul longs for”.

In 2013 Father John was posthumously honoured with an award by WESSA for his work not only in Van Bloem, but also for the key role he played on the Princess Vlei Forum and in opposing the development of the shopping mall on the shores of the Princess Vlei.

Since the passing of Father John, his wife Emma has continued with her husband's vision and work to care for Van Blommestein.

Towards the end of June 2020 Emma managed to secure some rain daisy plants (*Dimorpotheca pluvialis*) for planting in and around Van Bloem. Emma, Peter, Ilse Menck, Neil Major and others planted out 650 or so rain daisy plants – you can read more about the daisy [here](#).



Planting out tiny seedlings for everyone to enjoy when they blossom Photos: Ilse Menck

While the park falls under the management of the False Bay Nature Reserve, we are grateful to the Olivers, Chancy and Peter, and all those who have worked in the park over the years, for their efforts and dedication to Van Blommestein Park, a space for all to enjoy.

It is almost time for..... Western Leopard Toad Annual Migration!



Yes, it is almost time for our amphibian friends to start making their way from their garden habitats and compost heaps to their breeding ponds in Rondevlei and Zeekoevlei. This is an extremely dangerous time for them as they have to negotiate steep curbs, garden walls and gates, and cars!

Read more about the treacherous journey [here](#) and find out what you can do to assist the western leopard toads.

You can also volunteer to help the toads safely across the roads. Please contact Dagny Warmerdam on 083 741 5787 or on dagnywarmerdam@gmail.com for details. Dagny is the Endangered Western Leopard Toad Conservation Committee representative for the Greater Zeekoevlei and Rondevlei areas.

You can also read about other [frog species which live in Zeekoevlei](#) and can be heard calling at this time of the year.

Cape Town's wandering hippo finds a home in Mossel Bay – Media Office, City of Cape Town

The City of Cape Town's Biodiversity Management branch recently successfully relocated a hippopotamus from the City's False Bay Nature Reserve to a guest farm in Mossel Bay. The hippo was met with a pleasant surprise upon arriving at her new home. Read more below:

In November last year, the staff from the City's False Bay Nature Reserve spotted a dispersing hippo in Rondevlei, in all probability pushed out of the main herd at the Rondevlei section of the reserve.

Staff facilitated the moving of the animal to a pan at the Strandfontein Cape Flats Waste Water Treatment works and erected an electric fence to contain it. The fence, 3 km in extent, had to be erected in a day.

Upon initial inspection of the hippopotamus, the City's biodiversity management staff at the reserve found that the animal did not appear well, nor did it respond to close human presence. The team arranged for a veterinarian to assess its condition after which it was decided that the Biodiversity Management team would monitor the hippopotamus on a daily basis with as little disturbance as possible to see if its condition improved.

Hippos usually feed during their evening grazing periods and can go without food for a number of days, up to three weeks or even longer. Therefore, the team was encouraged to see it feeding and showing good signs of recovery after two weeks of monitoring. A capture plan was in place since December 2019, but was delayed to allow sufficient time for the hippopotamus to first fully recover its health.

A timber boma was constructed allowing the animal to walk in of its own accord and to be trapped after tripping infrared beams which activate the closure of the door. Construction of the boma started mid-February this year and was operational at the beginning of March.

'I am proud of how the reserve staff responded to the situation and the innovative approach they used to ensure that the hippo was captured passively and relocated successfully. The passion displayed by our biodiversity staff members is truly inspiring, and is reflected in their approach,' said the City's Mayoral Committee Member for Spatial Planning and Environment, Alderman Marian Nieuwoudt.

Due to the dynamics of the main hippopotamus population, where the dominant male chases away and sometimes kills his offspring to limit breeding competition, it was not advisable for the team to reintroduce the hippo back into its pod. The hippo therefore, needed a new home. Finding a suitable new home for a hippopotamus can be a challenge as these animals have specific habitat requirements and a site would require adequate fencing due to the dangerous nature of these wild animals.

However, as luck would have it, Bergsig, a game farm in Mossel Bay, had made contact with the False Bay Nature Reserve in September 2018, enquiring about potentially sourcing a hippopotamus to complement the other hippo on site. So, having met all of the necessary requirements, Bergsig was approved as a receptor site. Once captured, the hippo would be on its way to Mossel Bay. To limit the disturbance of continuously monitoring the boma during the day and in the evenings, a remote monitoring system was developed using technology that would remotely notify the reserve manager and the reserve ranger control room when the hippo boma door closes. On the night of 22 of June 2020, 111 days since the start of the capture operation, the hippo was finally caught inside the boma where it was found to be in a calm state, occasionally grunting and snorting.

The City's veterinarian was present to closely monitor the hippo. A truck was then brought to site and positioned at the end of the loading ramp and the inter-leading door between the boma and truck opened. It made its way up the ramp and walked straight into the truck. After months of preparation and anticipation of this capture, the loading took all of two minutes to complete. The truck left close to midnight and arrived in Mossel Bay on the morning of Tuesday 22 June 2020.

It is extremely difficult to tell the sexes apart, but upon arrival the Bergsig staff believed the animal, named 'Bambi', to be female. Two days after the new hippo's arrival from the False Bay Nature Reserve, it was reported that the resident male, 'Fatboy' and 'Bambi' were seen together. Since then, they have been spotted together nearly every day – an unexpected happy ending for all concerned.

You can also listen to this interview on Cape Talk" <https://www.capetalk.co.za/podcasts/127/lunch-with-pippa-hudson/335135/bambi-the-hippo-finds-a-new-home-and-a-new-friend>



Hippos in Mossel Bay Photo: City of Cape Town

Photographs please

We are keen to include photographs of Zeekoevlei and surrounds in our newsletters. Please send any images of landscapes, plants and animals, people enjoying nature etc. in our area to helen.lockhart@aquarium.co.za. This also extends to images and stories about Zeekoevlei and Rondevlei back in the day!

Community spirit

Please drop off all polystyrene trays, takeaway boxes etc at 3 Peninsula Road. The polystyrene is being used to make upcycled hotboxes which help to save electricity when cooking. The washable outer covers are made from strong denim and shwe shwe, and the inner layer made of cotton. Each hotbox costs R600. This project is being run by a black-owned business – please support this business by contacting Ilse Menck on cell 072-115-9205 or email ilsemenck@telkomsa.net



Please send news of any community-oriented projects to helen.lockhart@aquarium.co.za so that we can highlight them in forthcoming newsletters.

Together We Can Overcome





CLOTHING

FOOD

BLANKETS

A call for donations for those in need

The Covid-19 outbreak and subsequent quarantine of communities has caused many households to lose their livelihood and income. Please inform how you can assist by messaging

Rochelle's Kitchen 072 348 7223



Nature's out while humans are in lockdown

One of the benefits of us all staying home and spending time outside in our gardens is that we are noticing and appreciating our wild neighbours even more. Here are some images shared by vleibours on the Zeekoevlei Leopard Toad Whatsapp group. Should you wish to join the Whatsapp Group, please message your details - name and tel number to Dagny Warmerdam on 083 741 5787. Dagny is the Endangered Western Leopard toad Conservation Committee representative for the Greater Zeekoevlei and Rondevlei areas.

Thank you to Dalton Gibbs for patiently answering all the questions about sightings and for identifying many of them.



A visitor enjoying the aloes. Photo: Dagny Warmerdam



A grey heron enjoying a platanna. Photo: Wadeegh Hendricks



As about as close as one can get to a striped field mouse Photo: Dalton Gibbs



*Some micro wildlife (African hummingbird hawk moth) amongst the lavender in our garden this morning.
Photo: Sonja Stock*



Yesterday's visitor to the vegetable garden – a Klaase's cuckoo. Photo: Dagny Warmerdam



Hippo at Rondevlei in the afternoon sun. Photo Dalton Gibbs



Cute little spider on my Erica glauca var elegans. Photo: Sonja Stock



Zeekoevlei In Cahoots Against Covid-19 – Compiled by Laurianne Claase

USEFUL NUMBERS	
COVID-19 Dept. of Health National Hotline	0800 029 999
COVID-19 Dept. of Health Whatsapp	0600 123 456
COVID-19 Provincial Hotline	021 928 4102
Talk to a Doctor	*120*394#
Grassy Park Police	021 700 7900
Prosec	021 712 4009
False Bay Nature Reserve	083 499 1717
Report Police Abuse	073 890 1269
Report Military Abuse	012 676 3800
Report Fake News	067 966 4015
Report Lockdown Violations	080 020 5050

FOOD/GROCERY HOME DELIVERIES

Rochelle's Kitchen: Zeekoevlei-based. Home-cooked meals and organic vegetable boxes, sourced from Philippi farmers. Tel: 072 348 7223
Email: rochellepascucci@gmail.com

Cure Micro Butchery: Bergvliet-based. Order ethically-sourced meat online.
Email: orders@curedeli.co.za

The Fruit Cube Fresh fruit/veggies delivered on Tuesdays and Thursdays, in partnership with Food Lovers' Market. You can also make donations. Tel: 0861 033 330
Email: fresh@thefruitcube.com
Bottles App Pick n Pay groceries

[Uber Eats App](#) Order groceries/pharmacy deliveries online (no scripts)

[Yebo Fresh](#) – food parcels for domestic workers in certain areas

Sweep South is offering the delivery of food parcels to domestic workers in Khayelitsha (except Enkanini, Site B and Site C), Hout Bay, Langa, Gugulethu, Mfuleni and Delft. There are three parcel sizes to choose from.

GETTING MONEY TO SOMEONE WITH NO BANK ACCOUNT

[E-wallet Services](#)

You can get money to your domestic helper or gardener, if they don't have a bank account, as long as they have a valid South African cellphone number. [FNB](#), Absa and Standard Bank have e-wallet services. Send money from the app to their cellphone number. They will get an SMS and a pin number. They can withdraw the cash at any ATM.

LOCAL DONATIONS

[Zeekoevlei Superette](#)

Zeekoevlei is part of [Ward 67](#). Our councillor is [Gerry Gordon](#). She is working hard to ensure that the needy in our ward are taken care of during this difficult time. Ms Gordon has identified six areas in our ward in need of food parcels and soup kitchens. Mr and Mrs Kumandan (the Ks) at the Zeekoevlei Superette are helping with this food collection/donation drive. There are three ways in which you can contribute:

1. Cash donations received at the Superette or via EFT into the K's bank account. Councillor Gordon will ensure that cash donations go towards purchasing soup ingredients and gas for the soup kitchens.
2. R200 cash donation for food hampers, which the Ks will be making up. Each hamper consists of: tea, sugar, milk, rice, coffee, beans, tinned fish, jam, peanut butter, noodles and margarine.
3. Or, you can buy groceries and drop them off at Mr K's. These are the items needed:

* Rice * Red dhal * Split peas * Tinned beans/legumes * Dried lentils * Samp * Soup mix * Soup powders * Stock cubes * Tinned fish * Onions * Potatoes * Carrots * Butternut * Long life milk * Milk powder * Jam * Sugar * Maize meal * Oats * Cooking oil * Pasta * Tinned/dried fruit * Tinned vegetables * Instant coffee * Dried spices/salt

Please avoid glass containers as these may break during delivery.

For more info/banking details, contact Mr K: 082 847 778

[Rochelle Pascucci](#)

Local resident and Zeekoevlei Yacht Club caterer Rochelle Pascucci is helping to feed needy communities in Lavender Hill, Muizenberg and Vrygrond. She is also supplying ingredients to a soup kitchen in Pelikan Park. She is looking for containers for food such as yoghurt and ice-cream tubs and plastic bottles for water. She will collect foodstuffs and containers from residents on Mondays between 10:00am and 11:00am. She will also accept financial donations.

For more info/banking details, contact Rochelle: 072 348 7223

CAPE TOWN DONATIONS

[Disaster Risk Management Centre](#) has set up dedicated channels to facilitate donations to street people, residents at old age homes/frail care centres and the indigent. Look out for the trolleys at Shoprite/Checkers and Pick n Pay. Blankets have been identified as a critical need.

Tel: 021 597 6004

Email: disaster.donations@capetown.gov.za

[South African Red Cross](#)

Tel: 021 797 5360

Email: info.wc@redcross.org.za

[Western Cape Department of Social Development](#)

The provincial Department of Social Development is coordinating donations.

Tel: 0800 220 250 (General queries; 7:00am - 4:00pm)

Tel: 0860 142 142 (Donation requests/offers; 7:00am - 4:00pm)

Please Call Me: 079 769 1207

Email: covid19donate@westerncape.gov.za

NATIONAL DONATIONS

[Food Forward SA](#)

Since 2009, Food Forward SA has been recovering quality edible surplus food from the consumer goods supply chain and distributing it to community organisations that serve the poor. They have launched a R50-million donation drive to provide food and toiletries to the most vulnerable.

Tel: 021 531 5670

Email: info@foodforwardsa.org

[Meals on Wheels](#)

Preparing and delivering food to the elderly in the community since 1964. One of their 700 service points is in Plumstead.

Tel: 086 00 00 700 (8:30am-5:00pm)

Email: admin@mealsonwheels.org.za

[Forgood.co.za](#)

An online platform that connects people who want to make a difference to causes that need their help. Volunteer your time or skills, or donate goods/money to specific projects via their database of verified Non-Profit Organisations. Tel: 011 325 2594

Email: contact@forgood.co.za